



The ultimate in discreet medicating,
Wunderfruit's **breath sprays, tinctures and capsules**
are the perfect addition to any apothecary department.
Each line is available in **Sativa, Indica, CBD 1:1** or **CBD 20:1**.
liftedlogistics.com/wunderfruit

Frequently Asked Questions

How do the tinctures and breath sprays work differently than the capsules?

Cannabis tinctures and breath sprays are applied orally and absorb into the mouth's tissues and blood vessels. Cannabinoids – such as Δ^9 -THC, THCa, CBD, CBDa, CBN, etc. – enter the bloodstream faster this way than by passing through the digestive tract. Tinctures and breath sprays can therefore take effect in as little as 10-15 minutes. Capsules, however, can take 30-90 minutes to kick in because they're simply swallowed rather than held in the mouth.

When capsules pass through the digestive tract, the Δ^9 -THC takes on a different form: 11-Hydroxy-THC. The effects of this cannabinoid are noticeably heavier on the body, relaxing the muscles, joints and tendons while also affecting the mind. This experience can last upwards of 5 hours for some people. Tinctures and breath sprays, on the other hand, provide a more cerebral experience by delivering the original Δ^9 -THC straight to the bloodstream, with the effects lasting not quite as long.

How do they taste?

Our capsules have little to no taste of cannabis whatsoever. The breath sprays come in a classic mint flavor, and most of the tinctures are made with a sweet food-grade vegetable glycerin. The exception is the 20:1 tincture, which is made with a less viscous MCT oil that benefits the digestive tract. Fats are so important in the absorption of CBD that we felt compelled to use this formula for the 20:1 ratio.

(See next page.)

When should I use your CBD products, either a 1:1 ratio or a 20:1?

1:1 is a perfect balance of the cannabinoids THC and CBD. Scientific studies have shown that THC is the chemical responsible for cannabis' psychoactive effects, whereas CBD benefits the body in many ways while keeping the mind clear. People looking to treat bodily pain, anxiety, or PTSD may be searching for a CBD 1:1 product. A 1:1 ratio is also great for hangovers.

Studies also show that CBD can be more effective with the presence of THC, which is why the 1:1 products are so popular with CBD fans who don't mind a small buzz. If you want little to no psychoactive effects but strong pain relief, then a 20:1 ratio is the right choice.

How many doses are in your products?

People's cannabis tolerances can vary based on factors like body size and metabolism speed. However, state governments that have legalized cannabis are recommending single doses in the range of 10-20mg THC. Please use the table below to find how much of our product to use:

TINCTURES: 30 droppers per bottle

Product	Total Dosage	Per Dropper
Indica & Sativa	200mg THC	6.7mg THC
CBD 1:1	100mg CBD : 100mg THC	3.3mg CBD : 3.3mg THC
CBD 20:1	180mg CBD : 20mg THC	6.3mg CBD : 0.3mg THC

CAPSULES: 6 capsules per bottle

Product	Total Dosage	Per Capsule
Indica & Sativa	360mg THC	60mg THC
CBD 1:1	90mg CBD : 90mg THC	15mg CBD : 15mg THC
CBD 20:1	120mg CBD : 6mg THC	20mg CBD : 1mg THC

BREATH SPRAYS: 50 sprays per bottle

Product	Total Dosage	Per Spray
Indica & Sativa	100mg THC	2mg THC
CBD 1:1	50mg CBD : 50mg THC	1mg CBD : 1mg THC
CBD 20:1	90 mg CBD : 10mg THC	1.8mg CBD : 0.2mg THC

Can a single breath spray with only 2mg THC really have any effect?

Yes. Cannabis is a biphasic substance, which means it has different effects based on the quantity consumed. In high doses cannabis can affect the body like a sedative, but in lower doses – even as low as 2mg THC – the body is slightly stimulated and euphoric, with little to no disorienting effects. Breath sprays are therefore great for people who want subtle mood enhancement while staying clear-headed.